



# LE HAVRE à NOUS OUR HARBOUR

95 Lorne Ave.  
St-Lambert, Que.  
J4P 2G7

Harbour News  
Spring 2004

You may remember that in **Our Harbour**, we set a goal of \$25,000 so we had enough money to hire a part time coordinator for at least six months. This has nearly happened. When we received a large donation in February we immediately advertised for a coordinator, we rented office space, we begged, borrowed and bought a telephone, a computer, a fax machine, and we arranged to have a student of Computer Science from Champlain Regional College to set up our web site. You can visit us at St. Barnabas Anglican Church at 95 Lorne Avenue in St Lambert or [www.ourharbour.rocler.qc.ca](http://www.ourharbour.rocler.qc.ca).

Presently we have over thirty applicants for the position of coordinator and we will hire one by the beginning of May. With this person in place we will conclude the search for a suitable apartment by June, and we will select our first three clients before July. We will also furnish this new home with beds, linens, utensils, food and cleaner products. And, we will soon

need volunteers to interact with the three residents. We will call on you again for donations and help.

Next...Apartments #2 and 3.

We need **Our Harbour** in our community. Of the hundreds of mentally ill patients currently registered by the Montreal General and Charles Lemoyne Hospitals only a fraction of that amount can be accommodated on their wards. Psychiatrists, nurses and other professionals work overtime to treat their patients. Oftentimes and luckily, many patients respond well to less supervision and are sent off to follow their own prescribed medications outside of the hospitals. This is a delicate moment for these people - they need TLC - and **Our Harbour** steps in with shelter and care right then with proper living space, properly furnished and with living skills advice for them. If we have the kind of facility as *L'Abri en Ville* has in Montreal here on the South Shore, we will help families to stay

closer and lonely people to remain in surroundings they know.

The Our Harbour Outreach committee has been raising awareness about the problems faced by persons with a mental illness, especially on the South Shore. Over the last four months we have spoken to The South Shore Retired Teachers, South Shore Community Network,

The St-Lambert Lions Club, and taken part in The South Shore Health Fair, South Shore Black History Day, The English-speaking committee at the Charles Lemoyne Hospital.... all with the aim of spreading the word about the Our Harbour project. Should you know of a community group or church that would like to know more about Our Harbour call our number or contact our web site.

Our Harbour wants to acknowledge the following groups for their generosity of purse and heart:

- The EJ Low Beer Foundation
- L'Abri en Ville
- Good Shepherd Catholic Church Leisure Club
- The Men's Club, Holy Cross Church
- St. Augustine of Canterbury Church
- St. Clare of Assisi Church
- St. Francis of Assisi Church
- St. Lambert Ecumenical Ministerial
- Riverside Ecumenical Ministerial
- Montreal Anglican Diocese
- Together 2000
- And numerous friends of Our Harbour

- .....
1. I may be interested in volunteering at *Our Harbour* \_\_\_\_\_
  2. I am enclosing a donation to help *Our Harbour* \_\_\_\_\_

Name (please print) \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone: Day \_\_\_\_\_ Evening \_\_\_\_\_

Email \_\_\_\_\_ (email facilitates our record keeping)