



Board and Committee Member Expectations

Our Harbour is seeking to recruit new members to its Board of Directors, in particular with the following skills and expertise: Financial; Legal; Human Resources; Psychiatry / Psychology.

Mission: *Our Harbour* provides a caring, cost-effective long-term housing program on Montreal's South Shore for people of diverse backgrounds living with mental illness. We offer life-management support, links with resources in the surrounding community and individual assistance in integrating with society. *Our Harbour* also educates the wider community about mental illness.

Requirements

Sensitivity to mental illness

- Acceptance and compassion
- Openness to learning and being challenged

Characteristics

- Compassionate
- Active network and good networking skills

Responsibilities / time commitment

- A time commitment of one year or more
- Attendance at training/orientation sessions
- Monthly meetings of approximately 2 hours
- Active participation on one Board committee
- Reading documents in preparation for meetings
- Regular attendance at Board meetings; active participation in Board work
- Participation in Our Harbour community activities and events

Screening

- Candidates must come in for a personal interview and fill out an application.
- We require two personal references from, for example, a priest or rabbi, employer, friend or fellow member of an association.
- All candidates must complete a police check.

For more information, please contact Dolly Shinhat, Director General at 450-671-9160 or by email at: dg@ourharbour.org

Or visit our web site: www.ourharbour.org